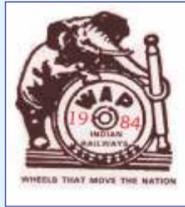


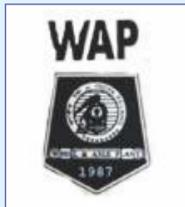
Changing faces - WAP to RWF



1. This logo was introduced in 1984, when Wheel and Axle Plant was setup. The tag line aptly was 'Wheels that move the Nation'.



4. Wheel and Axle Plant (WAP) was re-named as Rail Wheel Factory (RWF) in 2003. This logo took over the earlier logos. Ever Onward was the motto that went with the Logo.



2. The logo of WAP was changed in 1987, matching with the IR logo. Axle is also clearly seen in the logo.



5. The year 2009 was the Silver Jubilee year of RWF. This special commemorative logo was used during that year.



3. Logo showing the wheel set, our primary product, was introduced in 1990. Nine Zones are seen as nine lines. A symbolic representation of WAP and IR.



6. As per Railway Ministry's directives all Zones and PUs re using this Standard Logo in which stars represent all the sixteen zones and Kolkotta Metro.



Sri. Pankaj Jain, GM/RWF, was felicitated at Rajyotsava celebrations by Lalita Kala Sangha, RWF



Mahaparinirvan Divas of Sri. B.R. Ambedkar was observed on 07/12/2015. Sri. Pankaj Jain, General, garlanding the photo.

Officers who joined
Purushotam C.P., Dy.CMM from SECR
Abhishek Kumar, Sr.SC from SWR
B.Karunakara Reddy, CE from SR
S. Mani, CME from Railway Board
 (on deputation as RA/ Berlin)

Officers who left
M. Govindraju to SWR
Santosh N Chandran to SWR
A.K. Agarwal to WR

Editorial Board : Ajay Singh, Secy to GM & CPRO, L.M. Pandey, Dy. CVO
 Editorial Assistance : Uma Chandran, CPG; Meera Madhusudan, CPI

रेपका समाचार पत्रिका
मंथना
MANTHANA
 RWF's News Letter

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रेल पहिया कारखाना
 (भारतीय रेल)
 यलहंका, बेंगलुरु - 560 064.

RAIL WHEEL FACTORY
 (Indian Railways)
 Yelahanka, Bengaluru - 560 064.

ಮಹಾಪ್ರಬಂಧಕರ ಮೇಜಿನಿಂದ,

ಎಲ್ಲರಿಗೂ ನೂತನ ವರ್ಷ 2016ರ ಶುಭಾಶಯಗಳು. ಈ ಹೊಸ ವರ್ಷವು ಎಲ್ಲರಿಗೂ ಆರೋಗ್ಯ, ಸುರಕ್ಷತೆ, ಸಂತೋಷ ಹಾಗೂ ಸಮೃದ್ಧಿಯನ್ನು ನೀಡಲಿ ಎಂದು ಹಾರೈಸುತ್ತೇನೆ.

ಈ ನೂತನ ವರ್ಷದಲ್ಲಿ ನಮ್ಮೆಲ್ಲರ ಭವಿಷ್ಯ ಉತ್ತಮವಾಗಿರಬೇಕೆಂಬ ಆಶಯದೊಂದಿಗೆ ಹೊಸತಾಗಿ ಕಾರ್ಯ ಪ್ರಾರಂಭಿಸೋಣ. ರೈಲ್ವೆ ಮಂತ್ರಾಲಯವು “ರೇಲ್ ಬಡೇ, ದೇಶ ಬಡೇ” ಎಂಬ ಧ್ಯೇಯದೊಂದಿಗೆ ಕೆಲಸ ಮಾಡಲು ತೀರ್ಮಾನಿಸಿದೆ. ಈ ಧ್ಯೇಯಕ್ಕಾಗಿ ರೈಲು ಗಾಲಿ ಕಾರ್ಖಾನೆಯು ಸಹ ಕೈ ಜೋಡಿಸಿದೆ.

ಪ್ರಸಕ್ತ ಆರ್ಥಿಕ ವರ್ಷದ ಮೂರನೇ ತ್ರೈಮಾಸಿಕ ಅವಧಿಯ ಕೊನೆಗೆ ನಮ್ಮ ಉತ್ಪಾದನಾ ಗುರಿಯನ್ನು ತಲುಪಿ, ಭಾರತ ಸರ್ಕಾರದ “ಮೇಕ್ ಇನ್ ಇಂಡಿಯಾ” ನೀತಿಗೆ ನಮ್ಮ ಕೊಡುಗೆ ನೀಡಿದ್ದೇವೆ.

ನಾವು, ನಮ್ಮ ಕಾರ್ಖಾನೆ ಹಾಗೂ ಕಾರೋನಿಗಳಲ್ಲಿ ಉಂಟಾಗುವ ತ್ಯಾಜ್ಯವನ್ನು ಸರಿಯಾದ ರೀತಿಯಲ್ಲಿ ವಿಲೇವಾರಿ ಮಾಡುತ್ತಿದ್ದು ಭಾರತ ಸರ್ಕಾರದ ‘ಸ್ವಚ್ಛ ಭಾರತ ಅಭಿಯಾನಕ್ಕೆ’ ಸಹಕರಿಸುತ್ತಿದ್ದೇವೆ.

ನಮ್ಮ ಕಾರ್ಖಾನೆಯ ಆವರಣದಲ್ಲಿ ಬಹಳ ದಿನಗಳಿಂದ ಮಣ್ಣಿನಲ್ಲಿ ಹೂತು ಹೋಗಿದ್ದ ತ್ಯಾಜ್ಯ ಕಬ್ಬಿಣವನ್ನು ಹೊರತೆಗೆದು ಅದನ್ನು ಸರಿಯಾದ ರೀತಿಯಲ್ಲಿ ವಿಲೇವಾರಿ ಮಾಡುತ್ತಿರುವುದರಿಂದ ನಮ್ಮ ಆವರಣದಲ್ಲಿ ಏರಿಕೆಯಾಗುವುದರ ಜೊತೆಗೆ ಭೂಮಿಯಲ್ಲಿ ಉಂಟಾಗಬಹುದಾದ ಮಾಲಿನ್ಯವನ್ನು ತಡೆದಿದ್ದೇವೆ.

ಕೇಂದ್ರ ಸರ್ಕಾರದ “ಸ್ವೀಟ್ ಇಂಡಿಯಾ” ಧ್ಯೇಯ ಬೆಂಬಲಿಸಲು ನಮ್ಮ ಕಾರ್ಖಾನೆಯು ಈ ವರ್ಷ ಸುಮಾರು 157 ಅಭ್ಯರ್ಥಿಗಳನ್ನು, ಮೆಕ್ಯಾನಿಕಲ್ ಮತ್ತು ಎಲೆಕ್ಟ್ರಿಕಲ್ ವಿಭಾಗಗಳಲ್ಲಿ ಅಪ್ರೆಂಟಿಸ್ ಶಿಪ್ ತರಬೇತಿ ನೀಡಲು ಆಯ್ಕೆ ಮಾಡಿದೆ.

ಈ ಹೊಸ ವರ್ಷವು ಸುರಕ್ಷತಾ ವರ್ಷ ಹಾಗೂ ಅಪಘಾತ ರಹಿತ ವರ್ಷವನ್ನಾಗಿಸಲು ನಾವೆಲ್ಲರೂ ನಿರ್ಧರಿಸೋಣ. ನಾವು ನಮ್ಮ ದೈನಂದಿನ ಕೆಲಸಗಳನ್ನು ನಿರ್ವಹಿಸುವಾಗ ಸಾಕಷ್ಟು ಎಚ್ಚರ ವಹಿಸಿಕೊಂಡು ಎಲ್ಲಾ ಕಾರ್ಯ ವಿಧಾನಗಳನ್ನು ಅನುಸರಿಸುತ್ತೇವೆಂದು ವಚನ ತೆಗೆದುಕೊಳ್ಳೋಣ.

ಮತ್ತೊಮ್ಮೆ ಎಲ್ಲರಿಗೂ ಹೊಸ ವರ್ಷದ ಶುಭಾಶಯಗಳು.



महाप्रबंधक की कलम से

सुरक्षित, स्वस्थ, खुशहाल एवं समृद्ध वर्ष 2016 की बधाईयां ।

नव वर्ष के आगमन के साथ, आइए, हम नई पहल, नई शुरुआत, बेहतर भविष्य के लिए अपनी प्रतिज्ञाओं को मजबूत करने का पुनः दृढ संकल्प करें ।

रेल मंत्रालय ने 'रेल बढे, देश बढे' वाले दृष्टिकोण के साथ निष्ठापूर्वक काम करने का संकल्प किया है । रेपका भी इस ध्येय से अछूता नहीं है । चालू वर्ष के दौरान हमने वित्त वर्ष 2015-2016 की तीसरी तिमाही के अंत तक अपेक्षित लक्ष्यों को हासिल कर लिया है और इस प्रकार भारत सरकार का नारा 'मेक इन इंडिया' में अपना योगदान दिया है । इसके अलावा रेपका ने 'स्वच्छ भारत अभियान' जो कि भारत सरकार का एक और ध्येय है, उसमें भी, कारखाना और कॉलोनिशों में उत्पन्न कचरा का सही निपटान सुनिश्चित करते हुए अपना योगदान दिया है । पुरान स्क्रैप के ढेर में से निकाले गए लोह स्क्रैप, जो कि बेकार पड़ा था, अब वह न ही एक आय का स्रोत बना है बल्कि इससे भूमिप्रदूषण भी कम होगा । इसके अलावा 'स्किल इंडिया' विकास की ओर अपना कदम बढ़ाते हुए रेपका ने यांत्रिक और बिजली के क्षेत्र में कुशल प्रशिक्षण देने के लिए प्रशिक्षुओं की भर्ती कर रहा है । लगभग 157 ट्रेड अप्रेंटिसों (प्रशिक्षुओं) को प्रशिक्षण देने के उद्देश्य से इस संगठन में भर्ती की जा रही है ।

आगे, आइए हम सब यह निश्चय करें कि आगामी साल सुरक्षित और दुर्घटना रहित हों । हम अपने आप से यह वादा करें कि कारखाना में कार्य करते समय सावधानीपूर्वक कार्य करेंगे व निर्धारित कार्यविधियों को बिना किसी चूक के पालन करेंगे । हमारे परिवार को हमारी ज़रूरत है ।

एक खुशहाल वर्ष के लिए मेरी हार्दिक शुभकामनाएँ ।

From the General Manager's Desk

Greetings for a safe, healthy, happy and prosperous year 2016.

Let us resolve for new beginnings, fresh starts, reaffirmations of promises for a better future with the advent of a New Year.

The Ministry of Railways has resolved to work sincerely with the vision of 'Rail Badhe, Desh Badhe'. RWF is no exception to this moto. During the current year we have achieved the required target till the end of 3rd quarter of 2015-16 financial year, thus contributing to the 'Make in India' slogan of the Government of India. RWF has also contributed to the 'Swachh Bharat Abhiyan' which is yet another mission of the Government of India by ensuring proper disposal of garbage generated in factory and its colonies. Iron scrap has been retrieved from old dump, which not only ensured earnings from a source which was going waste, but also will reduce ground pollution. As a step towards 'Skill India' development, RWF is recruiting apprentice in both Mechanical and Electrical field, to impart skilled training in their respective fields. About 157 Trade Apprentice are being recruited, for imparting training in our organisation.

Further, let us all determine to have a safe and accident free year ahead. Let us promise ourselves to be more cautious and follow laid down procedures without fail while working in the factory. Our family needs us.

My best wishes for a wonderful year ahead.

पंकज
Pankaj Jain
General Manager

Achievements



RWF has been conferred with International Quality Crown Award (IQC) in Diamond category given by Business Initiative Directions (BID), Madrid.



Ms. Sukanya, OS/Stores has won 1st prize in the State Level Kannada Essay competition organized by the Customs and Central Excise. She has also secured a consolation prize in classing singing in Inter Railway Music Competition held at Allahabad. This is the first time that RWF has participated in this event. Also, she was the only entry from South India.



Mala K, CMA received the outstanding women award for the year 2015-16, given by the Railway Women Welfare Organisation. She was felicitated by the RWF Women Welfare Organisation on 3rd December for this feat. Sri. S. Mani, CME gave her a certificate in appreciation.



Sri. Mandar M Shetty, Helper, Wheel Control, has passed the qualifying Kabaddi Coach course conducted by SAI, Bangalore. He is now eligible for any coaching assignments for Kabaddi across all levels.



V.Gautham Bose, S/o Sri V.S.C. Bose, SE-IT/MIS, participated in under 14 age category Lawn Tennis and won Silver Medal in Kendriya Vidhyalaya Regional Sports Meet held at DRDO, Bangalore to enter the Kendriya Vidhyalaya National Lawn Tennis Championship at New Delhi. He is the first player from KV/ RWF who has achieved this feat in under 14 boys category.



Kum. Meghana .B. R, daughter of Dr. Jayabarathy, Accounts Department, represented M.S. Ramaiah Institute of Technology and secured 1st place in VTU Inter College Chess Tournament for Women, Bangalore Zone. She also stood 1st in VTU State level Inter College Chess Tournament held at Chitradurga

Events

Swachh Bharat Mission



Drawing and Painting competition was organized for students of the Kendriya Vidyalaya and employees of RWF on 09/10/2015.



Sri. Pankaj Jain, GM flagged off the rally organized to spread awareness on waste segregation and to maintain cleanliness in colonies.



A pledge was administered by Sri. Pankaj Jain, GM on Swachh Bharat Mission on 10/10/2015



A Street play on Swachh Bharat Mission was enacted by the employees on 10/10/2015

Vigilance Awareness Week - 26/10/2015 to 31/10/2015.



Sri. M. D. Sharath, DSP Cyber Forensic Unit gave a presentation on the serious issues of cyber crime



A Street play on anti corruption was enacted by the employees on 26/10/2015.

Events



A seminar on awareness of Safety in Factory was organized on 06/10/2015. Sri. Anil Kumar Agarwal, CME chaired seminar.



Smt. Renuka Jain, President RWFWWO and other members of the organisation presented wheel chair and toys to the children of 'Ashraya'

Quami Ekta Week.



A multilingual poets meet was held on 23/11/2015.



Dr. G. C. Prakash, professor Soil Science, GKVK, Bengaluru on gave presentation on conservation of environment on 25/11/2015.

New Year Day celebrations on 31-12-2015 at the Employees Institute



Sri. Pankaj Jain, GM inaugurating the New year celebrations at the RWF Railway Institute on 31.12.2015



Contributions

The Person Who Most Influenced Me

That night I woke up as usual at around 2'o clock and walked up to my parents' room. My ailing father was taking deep breath at intervals as he had been doing so from the evening. His lips were dry. My mother who was his companion for the past 43 years was fast asleep, though holding on to his hands. She must have been exhausted, I thought. I gently asked my father if he would like to have some water. He nodded his head. I, not knowing that it was going to be his last sip, helped a few drops of water on to his mouth. Perhaps, my mother knew that his end was near, and may be that was the reason that she never budged his side the whole day. She was chanting verses, may be to soothe her own disturbed mind or to smoothen his final journey.

Next morning, I woke to my mother's worried call. We rushed to my father as he was breathing his last. My husband & my mother poured a little Ganga jal into his mouth. My father did not take the third sip as he had breathed his last. (24 March 2011)

I always knew that my mother was a very strong lady. She maintained a stoic silence throughout the day. Though shattered by her personal loss, she still guided us through the further rituals to be performed and relatives to be informed.

My parents do not have a son. We are three daughters and I don't know if they at any point of time, felt the need for a son. Nevertheless, we were brought up to take up the duties of a son also if need be.

Being a native of Kerala is a blessing in the sense ladies are allowed to do Last Rites in the absence of a son. Hence, we sisters were blessed to perform almost all last rites of my father (except the Mukhagni which was given by my cousin brother). Being the eldest daughter, I was blessed to do most of the monthly Tharpanas/Shraaddas and the ritual in connection with Aandu (annual rite) though a few of them were performed by my sisters). These days when the difference between son and a daughter is decreasing, we consider ourselves honored that we were allowed to perform the last rites of my father as any son would. May be in no other state in India, ladies are allowed to perform these rites.

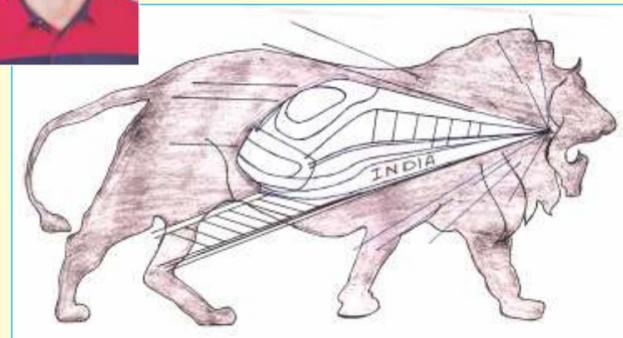
My Father inculcated in us qualities like sincerity and honesty. He always believed in maintaining good relationship with friends and relatives. He did things in perfection and expected the same from us. May be these are our strength and secret behind our success. He, I think should have felt to be a proud father as each one of us, his daughters, are successful by our own little standards. His life is a guiding spirit even today.



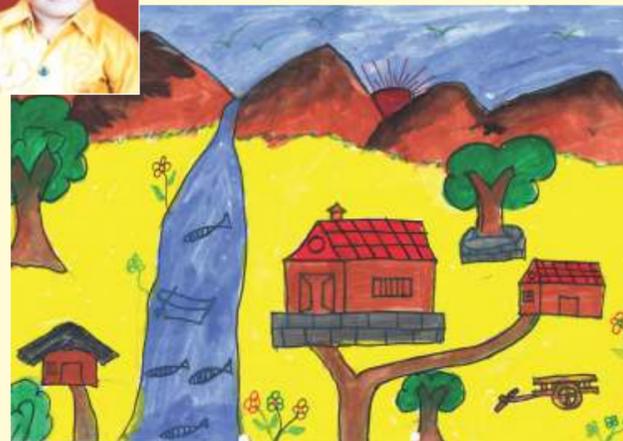
Savitha.S
Rajbhasha Superintendent
Hindi Section, General Admn



Prashanth H A
SSE/ SMS



Master Aayush Sagar Tare
S/o. Tare Sagar Haribhau
Tech. (Mech.) / M.R.



Master Sriprasad Sagar Tare
S/o. Tare Sagar Haribhau
Tech. (Mech.) / M.R.



Contributions

मासूम वेदना

नन्हा दिल मेरा अभी तो धड़का था
कोमल हाथों ने स्पर्श महसूस ही किया था,
पलकें अधखुली और हँसते आती श्वास
मैं जन्मी अभी, आई थी तुम्हारे पास ।
जीना चाहती हूँ तेरी लाडो बनकर
मुझे रखना मां अपने सीने से लगाकर ।
तुझसे जुड़ी रही महीनों तक
बनकर रही थी अंश तेरा
मुस्कराकर झेली हर तकलीफ तूने
बाबा की चाहतें बढ़ेगा वंश मेरा ।

खुशियों के पल उम्मीदों की चड़ियाँ
पर समा बदल गया जब मैंने जन्म लिया ।
मुँह चुराते, मायूस हुए सब चेहरे
लड़की जन्म लेकर मैंने क्या पाप किया

सुबक नहीं रही न कर रही हूँ कोई शोर
फिर भी कुछ हाथ बड़ रहे मेरी ओर
उन साँसों को रोकने जो अभी ही चली
क्यों ये निर्मम हलिया क्यों मेरी बलि ।

घोट रहे साँसों मेरी पर, याद रखना
मिट जाएगा ये जग नारी बिना
कैसा वंश जब जननी को ही जन्म न दोगे
क्या उगाएगी धरती जो रक्त से सींचते रहोगे ।



अमनदीप कपूर
उप मख्यु यालिक इंजीनियर

Good reads for the weekend.

IO84.

by Haruki Murakami

Haruki Murakami is my favourite writer of all times and this much hyped about book happened to be one of my favourite reads. In his characteristic way Murakami blends the real with the surreal and creates a tale of disjointed worlds which keeps one glued till the end. The two main characters inhabit parallel worlds. While their stories influence one another, at times by accident and at times intentionally, the two come closer and closer to intertwining. This hypnotically addictive novel is a work of startling originality and as the title suggests a mind bending ode to George Orwell's Nineteen Eighty -Four. (The number 9 in Japanese is pronounced like the letter 'Q').

GONE GIRL

by Gillian Flynn

Written by Gillian Flynn Gone Girl is a fast paced enticing thriller of clever facades, meticulous plans and relationships gone wrong. A young woman disappears on the day of her fifth wedding anniversary. Her husband becomes the prime suspect in her disappearance. The resulting police pressure and media frenzy cause the image of a happy union to crumble, leading to tantalizing questions about the two protagonists, their motives and aspirations. Published in 2012 Gone Girl soon made it to the New York Times best seller list and was subsequently made into a movie. Let's make time to catch up on our reading...



Meghna Sharma
Dy.FA&CAO/I

Health

"CHAKRASANA " (Wheel Posture)

Chakrasana should be practiced after mastery of preliminary and intermediate Backward bending asanas. Backward bending asanas are Postures which turn the body out to face the world. They are stimulating and extroverting, because they expand the chest and encourage inhalation. They stretch, tone and strengthen the abdominal muscles and spine, helping prevent slipped disc and other back conditions. They are also dynamic Postures which move counter to gravity and therefore require strength and energy to perform.

There are a number of factors that increase the risk of developing back problems. Weak abdominal muscles, Depression, Absence of regular exercises, Excess weight, Emotional distress, and Job dissatisfaction contribute to back pain. The practice of backward bending asanas can correct postural defects and neuromuscular imbalances of the vertebrae column. The spinal nerves, which emerge from between the adjoining vertebrae, are also toned. This has beneficial repercussions throughout the body since these nerves give energy to all other nerves, organs and muscles in the body.

As with all the asanas it is important to perform these practices with proper control and synchronisation of the breath

so that the whole group of muscles is uniformly contracted. Chakrasana should preferably be practised on a soft carpet which will protect the head. It should not be practised on a blanket which may slip.

Chakrasana should not be practised by people with any illness, weak wrists, during pregnancy or when feeling generally tired. This is an inverted asana in which the whole body and nervous system are being placed in an abnormal position. It may be difficult to raise the body because the nervous system is not ready. If the sense of position in space, or proprioception, is lost, strength is also lost. This Asana develops this sense of position in space.

Chakrasana is beneficial to the nervous, glandular, respiratory, cardiovascular and digestive systems. It influences all the hormonal secretions, relieves various gynaecological disorders, reduces obesity and is effective in the cure of bronchial asthma and diabetes.

For an ideal sequence, Backward bending asanas should be followed with forward bending asanas such as Halasana and Sarvangasana which apply a tight forward lock (Jalandhar Bandha) on the neck.

Mona Singh, Yoga instructor.

